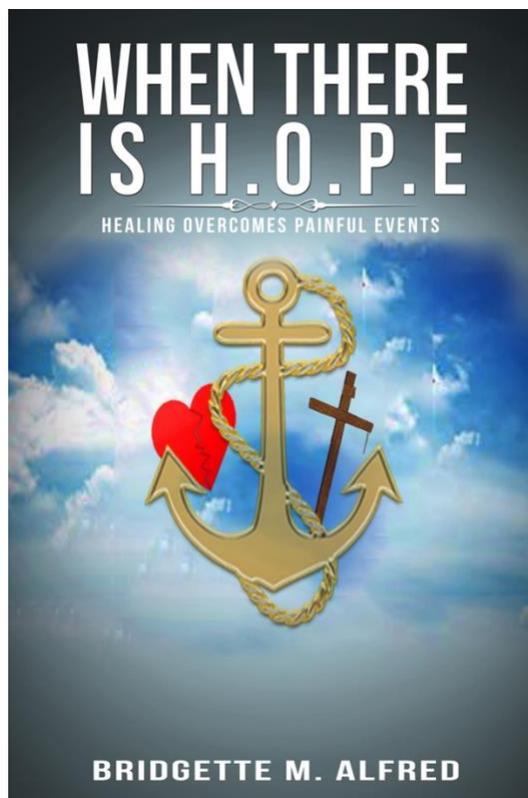


When There Is H.O.P.E. (Healing Overcomes Painful Events)

**BIBLE STUDY GUIDE - Week Seven,
Thursday, July 29, 2021**



Aunt Lottie and Jochebed

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AUNT LOTTIE AND JOCHEBED

Aunt Lottie had Hope in God for guidance to help Raynelle and Laretta rekindle their relationship. This excerpt shows the wisdom, love and compassion of Aunt Lottie.

One day, Aunt Lottie saw how I was treating my mother and the discouraging look on Laretta's face. She decided desperately to have a talk with my mother. Aunt Lottie started the conversation with one question.

“Don't we all respond better to a person who takes an interest in us and expresses affection than to someone who tries to force or manipulate us to comply with their wishes?”

My mother answered, “We do with an expressed affection and interest.”

Aunt Lottie told her, “Ray is no different.”

Aunt Lottie reminded her that it had been five years and she didn't know me anymore. She told her, “Practice attentive listening, which entails an eagerness to hear everything with regard to her thoughts, feelings, and experiences. It's more than just keeping your mouth shut. Make full eye contact and don't interrupt or prematurely formulate an answer. Careful listening will encourage Ray to bare her soul to you and share her innermost thoughts and life circumstances.”

Aunt Lottie explained to her that she would need to show a lot of patience and not to be anxious for immediate results. She clarified by saying, “You will have to earn Ray's trust and it is not going to be easy.”

“Uplifting words give life. Ray should be the constant recipient of your encouragement. This encouragement can come in many forms and for many reasons. Write a note and encourage her in front of someone else. Also, you can point out her personality traits and the unique talents you appreciate. Don't let a day go by without communicating these encouraging thoughts to her.”

“Discipline, correction, and training are ineffective when void of tender love. However, these same tools are welcomed more readily if they come with a kind and gentle hand. Make it a point to discover your daughter's hobbies. Talk to her about them, and learn to share in her enthusiasm. You may even go a step further and participate with her in her

favorite activities. Taking an interest need not require financial expense, but it does call for a heart of love and enthusiasm for the things your daughter enjoys.”

Aunt Lottie recommended showing genuine affection to me from the moment I woke up until I went to bed at night. She explained, “You can do this verbally by simply saying, ‘I love you’ many times a day. Eventually, you can express physical affection through hugs and kisses.”

Aunt Lottie shared that among the ways she expressed tender love to me was to plan special outings and find unique ways to make memories. She also threw in a surprise or two because everybody loves a surprise. Aunt Lottie ended the conversation by telling her, “Just be the kind of warm and affectionate mother Ray wants to spend time with.”

Reflection: In what ways are you allowing the next generation to see genuineness in you?

JOCHEBED

Read Exodus 2:1-6

Reflection: Do you think Jochebed faith in God gave her the courage to hide Moses?

Read Exodus 2:7-10

Reflection: Consider that Pharoah's daughter rescued Israel's delivered and his own mother nursed him. Explain your reaction.

AUNT LOTTIE

Reflection: Describe how Aunt Lottie and Jochebed lives are similar.
